

FAQ's

Can NIS help ME with MY problem?

People with a wide variety of symptoms seek care with NIS. Viral and bacterial infections, back and neck pain, migraines, digestive issues, neurologic disorders, learning disorders, sleep irregularity and much more. NIS gets to the very root of these problems.

How long will it take?

Our body goes to work immediately to heal even long standing problems once the root is corrected. Many patients experience rapid relief of problems they thought would never go away. Generally treatment is one time per week for a few weeks and once better function is established, less frequent maintenance visits are encouraged to help keep your body in good function.

How is NIS different than chiropractic?

Chiropractic care generally uses traditional spinal manipulations. NIS is different. Neurologic circuitry is identified and tested using research based muscle testing. Corrections are made using a gentle stimulation of a part of the skin over the brain. This procedure is completely safe, non-manipulative and appropriate for all ages.



Your NIS provider Russell Tagg, DC

Dr Tagg is a 1992 graduate from Palmer College of Chiropractic. He has extensive training with Upledger Institute CranioSacral Therapy, Lymphatic Drainage, Zero Balancing, CEW and AK. Masters level certification with Neurologic Integration System (NIS). Dr Tagg is an intuitive healer and utilizes his understanding of neurology, anatomy, physiology and body energy to assist in your healing journey. Dr Tagg continues to update his knowledge and skills to bring you the latest from scientific research.



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BRAIN BODY CONNECT

What is NIS?

Neurological Integration System



“Getting to the Root of Your Health Concerns”

What is NIS?

NIS is based on the neurophysiological principle that the brain (not the mind) dictates all body functions.

Think of your nervous system as the director of a movie called “*Your Body*”, precisely directing and controlling your body’s functions right down to the cellular level. To be successful, the director must have excellent communication to create sustainable health, and when messaging breaks down between your nervous system and your body, problems can arise.

Your brain is constantly receiving signals and information from every part of your body. Once received, the brain then sends that information back with adjustments to your muscles, organs, tendons and even the cells.

NIS is an investigative practice using treatment methodology that helps both isolate and then correct flaws in your cellular communications and address the root of the issues, not merely the symptoms. Practicing **NIS**, we are able to identify these signals and help restore them to function as they were intended.

What complaints may be helped with NIS?

Using NIS we are able to treat a spectrum of complaints including:

Structural

Spinal, muscles, tendons, ligaments, joints

Physiological

Immune, digestive, respiratory, heart, metabolic

Pathological

Infections; viral, bacterial, fungal, protozoan

Neurological

Brain, spinal cord, nerves, trauma, ADD/ADHD

Hormonal

Weight gain, menopause, thyroid, adrenal, pancreatic, fibroids, fertility.

Emotional

Anxiety, bi-polar, PTSD, Depression, Paranoia, ADD/ADHD, Learning disorders



Who is NIS for?

NIS is suitable for the whole family. The procedure is completely safe, non-manipulative, stress & pain free. This makes an NIS treatment suitable for the newborn to the very aged, and those who are very sick or injured. People who are keen to improve their health in a dramatic and sustainable way use NIS to correct neurologic breakdown.

How are complaints addressed?

Neurologic integration uses a simple muscle test, accessing the bio-computer (the brain) to determine where a breakdown in communication of the nerve system has occurred by contacting certain points and creating a circuit. If weakness in the muscle occurs, a simple tapping over a portion of brain called the post central gyrus will reestablish neurologic congruence. This procedure, though simple, is based on the science of neuro-plasticity and the ability for the neurologic system to heal itself given the correct stimulus. This results in a highly sustainable correction with improved health and function.